



MANGALORE UNIVERSITY
Department of Social Work
Master of Social Work (MSW)

Paper SWS 455: SOCIAL WORK WITH FAMILIES

Objectives:

- To understand the family as a social institution.
- To understand the impact of globalization on family & social system.
- To sharpen the skills, techniques & interventions required for working with family.
- To understand the governmental efforts for strengthening the families.

Course Content:

UNIT-I

Family as a social institution : Concept of family; Types of family; Functions of family; Family dynamics; power, myths, role and patriarchy in family; Concept of Marriage; Review of changing situations in marriages and marital relationship; Family and gender, equity and equality. - Displacement and disaster generated changes in the family (war, conflict, riots and natural calamities) and its implications; Vulnerability of families, marginalized families due to poverty, caste, cultural inequalities.

UNIT-II

Life span approach in understanding family: Characteristics, goals, needs, tasks and problems of each stage in the family life cycle (Evelyn Duwall and Eric Ericsson). Alternative Family and Marriage Patterns and Structures: Dual earner / career families, Single parent families, Female headed households, Childless families, Reconstituted / step families, Consensual unions, Homosexual families.

UNIT-III

The Family in the context of Social Change: Concept and characteristics of social change; Impact of migration, industrialization, urbanization, liberalization, privatization and globalization on family –changing functions, values, relationship, communication.

Quality of Life and Family: Concept of quality of life; Indicators of quality of life; Family and Millennium Goals. Family problems: causes, types; Family Assessment and family problem assessment; Methods and its implications.

UNIT-IV

Family Life Education: Concept, philosophy, goals and significance of FLE in the context of quality of life; Value education as part of FLE programme, objectives of family life education for various age groups (family life cycle and developmental stages).

Areas of family life education: Premarital preparation, marriage and married life, planned parenthood, family relationships; Communication in family; home management; Aging and retirement, special focus on adolescent life skill training.

UNIT-V

Working With Families - interventions, techniques and skills: a) Family centred social work – problem solving approach; b) Life enrichment programmes – developmental approach; c) Programmes for family empowerment and protection of human rights; d) Efforts of government in strengthening families – Policy, Legislation and programmes; A brief

review of ICDS, Micro-credit, component plan, Schemes for families, Public Distribution System, Health – Family Welfare Programme, Health Insurance.

References:

C.P. Singh 2015	Alcoholism, family and social work practice, Rawat publication.
Malladt, Subbamma(1992)	Hinduism and Women, Delhi: Ajanta Publications.
Mehta, VeraYayas,Frances(1990)	Exploring Feminist Vision – Case Studie on Social Justice, Pune: Stree Vani/ Ishwar
Mishra, Prachi(2006)	Domestic Violence against Women Legal. Control and Judicial Response, New Delhi: Deep & Deep Publication, Pvt.Ltd.
Narsimhan Sakuntala(1999)	Empowering Women– An alternative Strategy from Rural India, New Delhi: Sage Publications.
Naomi Neft & AnnD. Levine(1998)	Where Women Stand–An International Report on the status of women in 140 Countries, New York: Random House.
Sebasti, Raj L.(1991)	Quest for Gender Justice, Madras: T.R. Publications.
Sen, Iina(1990)	A space within the struggle women’s participation in people’s movement, Kali for Women, New Delhi.
Donald Collins 1999	Introduction to family social work, F E Peacock Publishers,